

A 1 x 52' or 1 x 95 Documentary from Saylor Brothers and Edde Brothers Entertainment



55

~~40~~ days. 1 Man. 0 Food.

# FACING THE FAT



a documentary film by Kenny Saylor

**the weight is over.**



Kenny Saylor, after years of being healthy and athletic, became severely overweight and after trying various diets decided to do something drastic about it. With the support of his Doctor, he decided to stop eating for 55 days, drinking only water.

Facing the Fat documents his journey, from the realisation that he had a physical and mental addiction to the chemicals in junk food, to the detox and repair that his body goes through during this record-breaking fast. It also looks at the wider implications of over-eating for the individual, society and the world at large.

Obesity has become one of the most overwhelming diseases in modern society costing American taxpayers \$99 billion every year, while the number of overweight people has surpassed the number of people suffering from malnutrition by 200 million.

Facing the Fat presents an entertaining and inspiring challenge but also makes the serious point, that obesity is not just a personal struggle, but one that has far reaching implications for us all.

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